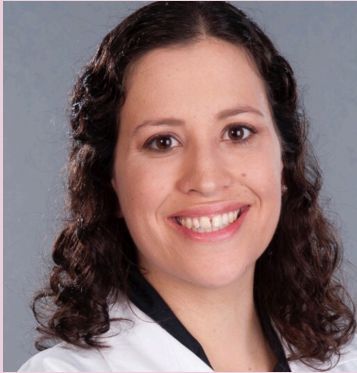


Please Welcome!



Lucia Alvarez, DVM, DACVIM

Board Certified in Veterinary Internal Medicine

Dr. Lucia Alvarez was born in South America and raised in Alabama. She is bilingual, fluent in both English and Spanish. Dr. Alvarez earned her undergraduate degree from Princeton University. In 2006, she graduated summa cum laude with a Doctor of Veterinary Medicine from Auburn University's College of Veterinary Medicine. Following her graduation, she completed an internship in small animal medicine and surgery at Veterinary Specialists of South Florida and pursued a residency in small animal internal medicine at the University of Tennessee College of Veterinary Medicine.

In 2010, Dr. Alvarez received her board certification in internal medicine. She specializes in minimally invasive diagnostic procedures such as laparoscopy and endoscopy. Dr. Alvarez has served as a speaker for continuing education courses across the United States and internationally. She is committed to ongoing education and collaborates closely with primary care veterinarians to ensure the best quality care for both clients and their pets.

Special Announcement!

Reintroducing Internal Medicine Services at Coral Springs Animal Hospital

We are very excited to reintroduce internal medicine services at Coral Springs Animal Hospital with the addition of Dr. Lucia Alvarez to our team. Please stay tuned for more details regarding the specific services offered, hours of operation, and more.

If you have any questions or need further information, please do not hesitate to contact me.

Viviana Restrepo

Referral Coordinator

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Email: viviana.restrepo@coralsprings.vet

Join us at The Gulf Atlantic Veterinary Conference!

Coral Springs Animal Hospital will be participating in the upcoming Gulf Atlantic Veterinary Conference, taking place in Ft. Lauderdale from October 3-6, 2024. This conference is a great opportunity for veterinary professionals to learn, share, and connect with peers from across the region.

Come visit our booth to meet some of our team members, learn about our innovative practices, and discuss the latest trends in veterinary medicine. Whether you're looking to network, attend workshops, or just catch up on the latest advancements, the conference promises something for everyone. We look forward to seeing you there!

TGAVC
THE Gulf Atlantic
VETERINARY CONFERENCE
Experience the Difference



Canine Rehabilitation and Sports Medicine:

Enhancing Recovery and Mobility

In recent years, the field of veterinary medicine has witnessed remarkable advancements in canine rehabilitation and sports medicine, offering new hope and effective treatments for our beloved patients. This specialized discipline combines therapeutic techniques and modalities tailored to enhance recovery, manage chronic conditions, and optimize the overall well-being of dogs.

What is Canine Rehabilitation and Sports Medicine?

Canine rehabilitation and sports medicine focus on improving mobility, reducing pain, and restoring function in dogs recovering from injury, surgery, or chronic conditions. This holistic approach integrates various modalities and exercises to promote healing and enhance quality of life. Unlike traditional approaches, rehabilitation aims not only to treat symptoms but also to address underlying causes and prevent future issues.

Modalities Used at Coral Springs Animal Hospital:

- Physical Therapy and Exercise Programs: Tailored exercise regimens and physical therapy sessions are designed to improve muscle strength, joint flexibility, and overall mobility. These programs are customized based on the dog's condition and response to treatment.
- Aquatic Therapy: Utilizing an underwater treadmill, aquatic therapy provides a low-impact environment for dogs to exercise, enhancing muscle strength and cardiovascular endurance while reducing joint stress.
- Therapeutic Ultrasound and Electrical Stimulation: These modalities aid in reducing inflammation, accelerating tissue healing, and alleviating pain through targeted application of ultrasound waves or electrical impulses.
- Laser Therapy: Low-level laser therapy (LLLT) promotes tissue repair, reduces swelling, and alleviates pain by stimulating cellular activity and enhancing circulation in affected areas.
- Massage Therapy: Applied by trained professionals, massage therapy improves circulation, reduces muscle tension, and enhances relaxation, contributing to overall pain relief and improved mobility.
- Acupuncture: Acupuncture stimulates specific points on the body, promoting pain relief, muscle relaxation, and overall wellness.

Canine rehabilitation and sports medicine have been extensively studied and proven beneficial in various clinical settings by addressing the physical, emotional, and physiological aspects of a dog's health. Rehabilitation not only aids in recovery but also enhances their quality of life:

- Post-Surgical Recovery: Rehabilitation accelerates recovery following orthopedic surgeries, such as cruciate ligament repairs or hip replacements, by enhancing healing and restoring range of motion.
- Chronic Pain Management: Dogs suffering from arthritis, degenerative joint disease, or neurological conditions benefit from rehabilitation programs that focus on pain relief, joint support, and maintaining mobility.
- Athletic Performance: For working dogs or those engaged in sports, rehabilitation strategies help optimize performance, prevent injuries, and facilitate a quicker return to activity after intense training or competitions.

In conclusion, as we continue to explore innovative approaches in veterinary medicine, canine rehabilitation and sports medicine stand at the forefront, providing effective solutions and renewed hope for our canine companions.

Educating Pet Parents: Summer Safety Edition

As we approach the warmer months, it's essential to educate pet owners on the risks and preventive measures to ensure their pets' safety and well-being. Here are some areas to address:

- **Bufo Toad Prevention:** Advise pet owners on the risks of bufo toad toxicity and recommend strategies for supervision during outdoor activities, particularly around water bodies.
- **Venomous Snake Bite Prevention:** Educate on the importance of keeping pets on leash and sticking to clear trails to minimize encounters with venomous snakes.
- **Heat Stroke Prevention:** Stress the necessity of providing ample shade and water. Advise against rigorous exercise during the hottest parts of the day.
- **Hot Asphalt Prevention:** Encourage pet owners to check pavement temperatures to protect their pets' paws from burns.
- **Sound Sensitivity and 4th of July Dangers:** Discuss the importance of preparing for noise aversion during fireworks and other loud events which may cause stress or anxiety in pets. Highlight common 4th of July hazards such as pets getting lost, food poisoning from unsafe human foods, and the risk of foreign body ingestion from corn cobs and other items.

This summer let's ensure that pet parents are well-informed to prevent these common yet serious hazards.



Promoting Pet Insurance: Ensuring Comprehensive Care for our Patients



Pet insurance plays a crucial role in ensuring that our pets receive the best possible care without financial barriers. As veterinary professionals, recommending pet insurance can help pet owners prepare for unexpected medical expenses and provide peace of mind. Here are some tips to effectively promote pet insurance:

1. **Educate Pet Owners:** Discuss the benefits of pet insurance during routine visits and explain how it can cover emergency treatments, surgeries, and chronic conditions.
2. **Provide Information:** Display brochures, posters, or digital resources in your clinic that outline different pet insurance options and their coverage.
3. **Personalize Recommendations:** Tailor your recommendations based on the pet's age, breed, and health history to highlight specific insurance plans that may be suitable.
4. **Partner with Insurance Providers:** Collaborate with reputable pet insurance companies to offer special promotions or discounts to your clients.
5. **Follow Up:** Encourage pet owners to review their insurance coverage annually to ensure it meets their pet's evolving healthcare needs.

By promoting pet insurance, we empower pet owners to make informed decisions and prioritize their pet's health and well-being. Together, we can ensure that every pet receives the care they deserve.

Fostering a Positive Workplace Culture

In the dynamic field of veterinary medicine, the significance of a positive workplace culture cannot be overstated. A supportive environment not only enhances employee satisfaction but also boosts productivity, improves patient care, and fosters long-term success. As we delve into 2024, let's explore why cultivating a healthy workplace culture is crucial and practical tips for enhancing it within our practices.

Why Workplace Culture Matters:

- 1. Employee Engagement and Retention:** A positive culture promotes employee engagement by fostering trust, open communication, and mutual respect. Engaged team members are more likely to stay committed to the practice, reducing turnover and associated costs.
- 2. Enhanced Patient Care:** A supportive environment encourages teamwork and collaboration among veterinary professionals. This collaboration translates into better patient outcomes as team members are more likely to share knowledge, support each other, and adhere to best practices.
- 3. Boosted Productivity:** When employees feel valued and supported, they are motivated to perform at their best. A positive culture encourages innovation, problem-solving, and efficient workflows, ultimately improving practice efficiency and client satisfaction.
- 4. Attracting Talent:** A strong workplace culture is a magnet for top talent. Practices known for their positive environment and supportive leadership are more likely to attract skilled veterinarians and staff who align with the practice's values and goals.

Tips for Cultivating a Positive Workplace Culture:

- 1. Lead by Example:** Set a positive tone from the top. Leaders should demonstrate empathy, transparency, and fairness in their interactions with team members.
- 2. Encourage Open Communication:** Foster an environment where team members feel comfortable sharing ideas, concerns, and feedback. Regular team meetings and one-on-one check-ins can facilitate meaningful dialogue.
- 3. Promote Work-Life Balance:** Support work-life balance by offering flexible scheduling options, promoting self-care initiatives, and recognizing and addressing burnout.
- 4. Invest in Professional Development:** Provide opportunities for continuing education, skill development, and career advancement. Investing in your team's growth shows that you value their contributions and are committed to their success.
- 5. Celebrate Successes:** Acknowledge and celebrate achievements, milestones, and contributions. Recognizing individual and team accomplishments reinforces a positive culture of appreciation and camaraderie.
- 6. Build Trust and Respect:** Create policies and practices that promote fairness, inclusivity, and respect for diversity. Address conflicts promptly and fairly to maintain a harmonious work environment.

By prioritizing a positive workplace culture, we not only nurture our team's well-being but also enhance our practice's reputation and success. Let's continue to cultivate an environment where every team member feels valued, supported, and inspired to deliver exceptional care to our patients.

PUPSICLES



Ingredients

Banana and Peanut Butter Pupsicles

- 2 ripe bananas
- 2 tablespoons peanut butter (without artificial sweeteners)

Yogurt and Berries Dog Popsicles

- 1/2 cup blueberries, strawberries, raspberries, or blackberries
- 2 5-ounce containers plain yogurt

Pumpkin and Banana Treats

- 2 ripe bananas
- 1/4 cup canned pumpkin puree (NOT pumpkin pie filling)

Directions

For all three of these recipes, you just combine them in your mold/trays and pop them in the freezer until solid, usually about 3 to 4 hours. Then grab a pupsicle for your dog, something cold and sweet for yourself, and the two of you can enjoy a summer that's just a little more bearable.

<https://bakingmischief.com/pupsicles/>